



# EMEL

## CONFERENCE ON ENDOMETRIOSIS AND UTERINE DISORDERS

JANUARY 20 - 21, 2024

DUSIT THANI HOTEL DUBAI - UAE



SINCERELY,  
**GHASSAN LOTFI, M.D.**  
EMEL PRESIDENT

**PRE CONFERENCE WORKSHOPS**  
**JANUARY 19<sup>TH</sup>, 2024**

**SCIENTIFIC PROGRAM**

# FIRST DAY 20/01 SATURDAY

08:00 - 08:20

REGISTRATION

## SESSION 1

### MODERATORS

Dr. Ghassan Lotfi



Dr. Shamsa Al Awar



Dr. Shamsa Al Awar



Prof. Engin Oral



Prof. Andrew Horne

08:20 - 08:30

Patient testimonial "the journey with pain"

08:30 - 08:50 Dr. Shamsa Al Awar

"Medical liabilities- trends and pitfalls from the governance standpoint"

08:50 - 09:20 Prof. Engin Oral

KNL "Adenomyosis and other gynecologic pathologies: what is the incidence?"

09:20 - 09:50 Prof. Andrew Horne

KNL "What is the evidence base for current surgical and medical options for managing endometriosis"

09:50 - 10:00

OPENING CEREMONY AND COFFEE BREAK

# SESSION 2 FERTILITY

## MODERATORS

Dr. Bohaira El Geyoushi



Dr. Antoine Abou Moussa



Dr. Dimitrios Kafetzis



Dr. Bohaira El Geyoushi



Prof. Gamal Serour



Dr. Antoine Abou Moussa



Dr. Pietro Santulli

### 10:00 - 10:20 Dr. Dimitrios Kafetzis

"Adenomyosis and infertility - the optimal management for the infertile couple"

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### 10:20 - 10:40 Dr. Bohaira El Geyoushi

"Female infertility and PCOS, myths and facts"

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### 10:40 - 11:10 Prof. Gamal Serour

KNL "Endometriosis and infertility"

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### 11:10 - 11:40 Dr. Antoine Abou Moussa

"Endometrioma and infertility- when to operate and when to perform IVF"

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### 11:40 - 12:00 Dr. Pietro Santulli

"Endometriosis and embryo implantation- ART explained to surgeons"

# SESSION 3 ADENOMYOSIS

## MODERATORS

Dr. Fatma Alhajeri



Prof. Popov Alexander



Prof. Charles Chapron



Dr. Fatma Alhajeri



Prof. Popov Alexander



Prof. Rukhliada Nikolai

**12:00 - 12:30 Prof. Charles Chapron**

"Why Adenomyosis is a key question for patients with endometriosis"

**12:30 - 12:50 Dr. Fatma Alhajeri**

"Updates on classification of Adenomyosis"

**12:50 - 13:20 Prof. Popov Alexander**

KNL "Adenomyosis- Pros and Cons of surgery"

**13:20 - 13:50 Prof. Rukhliada Nikolai**

"Adenomyosis surgical treatment and reproductive outcomes"

**13:50 - 14:00**

**OPEN DISCUSSION Q&A**

**14:00 - 14:30**

**LUNCH BREAK**

# SESSION 4 ENDOMETRIOSIS

## MODERATORS

Dr. Ghassan Lotfi



Prof. Andrew Horne



Prof. Charles Chapron



Dr. Silvia Vannuccini



Prof. Taner Usta



Prof. Andrew Horne

**14:30 - 15:00 Prof. Charles Chapron**

KNL "Endometriosis- a systematic disease"

**15:00 - 15:20 Dr. Silvia Vannuccini**

"Updates on co-morbidities associated with endometriosis"

**15:20 - 15:40 Prof. Taner Usta**

"Is endometriosis a progressive disease?"

**15:40 - 16:10 Prof. Andrew Horne**

KNL "Novel therapeutic targets for endometriosis"

# SESSION 5 GENETICS

## MODERATORS

Prof. Moamar Al Jefout



Prof. Hesham Arab



Dr. Ayman Alhendy



Dr. Mira Mousa



Prof. Hesham Arab



Prof. Moamar Al Jefout

**16:10 - 16:40** Dr. Ayman Alhendy

KNL "Role of epigenetics in uterine fibroids"

**16:40 - 17:00** Dr. Mira Mousa

"Genetics in endometriosis"

**17:00 - 17:20** Prof. Hesham Arab

"Would the genes influence your myomectomy decision"

**17:20 - 18:00** Prof. Moamar Al Jefout

Effect of War on Arabic Women's Reproductive Health"

**18:00 - 18:30**

Open debate Q&A. Closing notes

## SECOND DAY 21/01 SUNDAY

### SESSION 6 IMAGING IN ENDOMETRIOSIS/ ADENOMYOSIS

#### MODERATORS

Dr. Amal Badi



Dr. Samar Maadawy



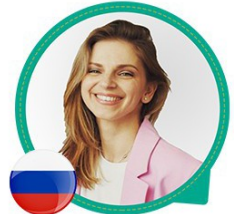
Dr. Samar Maadawy



Dr. Omar Kirmani



Dr. Amal Badi



Dr. Yulia Sopova

#### 08:30 - 08:50 Dr. Samar Maadawy

"Role of 3D transvaginal ultrasound in predicting surgical technique in patients with deep bowel endometriosis"

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#### 08:50 - 09:10 Dr. Omar Kirmani

"MRI in the diagnosis of deep endometriosis"

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#### 09:10 - 09:30 Dr. Amal Badi

"Pelvic ultrasound in diagnosis of Adenomyosis"

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#### 09:30 - 09:50 Dr. Yulia Sopova

"Difficult cases in ultrasound diagnosis of endometriosis"

# SESSION 7 ABNORMAL UTERINE BLEEDING

## MODERATORS

Dr. Kinda Al-Ani



Dr. Wael Sammur



Dr. Silvia Vannuccini



Dr. Maryam Al Shukri



Dr. Kinda Al-Ani



Dr. Wael Sammur



Dr. Mazen-Bishtawi

**09:50 - 10:20** Dr. Silvia Vannuccini

KNL "Menstrual distress as a medico-social dilemma"

**10:20 - 10:40** Dr. Maryam Al Shukri

"Menstrual bleeding in teenagers: when and how to intervene"

**10:40 - 11:00** Dr. Kinda Al-Ani

"OCP in management of AUB"

**11:00 - 11:20** Dr. Wael Sammur

"Evaluation of the endometrium for malignant or pre-malignant disease"

**11:20 - 11:40** Dr. Mazen-Bishtawi

"Surgical strategies for taming AUB"



# SESSION 8

## UTERINE FIBROIDS

### MODERATORS

Prof. Engin Oral



Dr. Ayman Alhendy



Dr. Ayman Alhendy



Prof. Larisa Suturina



Prof. Engin Oral

**11:40- 12:10** Dr. Ayman Alhendy

KNL "Novel medical therapeutics for endometriosis, uterine fibroids and adenomyosis"

**12:10 - 12:30** Prof. Larisa Suturina

"Asymptomatic uterine fibroids, when intervention is needed"

**12:30- 12:50** Prof. Engin Oral

"Fibroids and fertility- what is the current status?"

**12:50 - 13:00**

Open discussion- Q&A

**13:00 - 14:00**

LUNCH BREAK AND SYMPOSIUM

# SESSION 9 MIGS

## MODERATORS

Dr. George Botros



Dr. Anton Fedorov



Prof. Popov Alexander



Prof. Taner Usta



Dr. Anton Fedorov



Dr. George Botros

**14:00 - 14:30 Prof. Popov Alexander**

KNL "Ultra-economic surgery for different forms of endometriosis"

**14:30 - 15:00 Prof. Taner Usta**

KNL "Nerve endometriosis sciatic and sacral: from diagnosis to treatment"

**15:00 - 15:20 Dr. Anton Fedorov**

"Surgical treatment of Colorectal endometriosis, laparoscopy vs robotic- Surgeon's opinion"

**15:20 - 15:40 Dr. George Botros**

"Isthmocele- is it a self-inflicted dilemma? Local data"

**15:40 - 16:20**

Q&A SYMPOSIUM

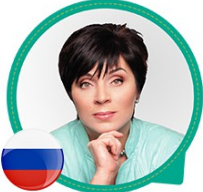
# SESSION 10

## MODERATORS

Dr. Amal Almulla



Prof. Louay Zayed



Dr. Natalia Artymuk



Prof. Louay Zayed



Dr. Amal Almulla



Dr. Marlin Mubarak



Dr. Sadoon Sadoon

**16:20 - 16:50** Dr. Natalia Artymuk

KNL "Endocrine chemical disruptors and endometriosis"

**16:50 - 17:10** Prof. Louay Zayed

"Artificial intelligence in OBGYN- is it time to retire"

**17:10 - 17:30** Dr. Amal Almulla

"Antioxidants in the pathogenesis of endometriosis"


**17:30 - 17:50** Dr. Marlin Mubarak

"Endometriosis, Adenomyosis and recurrent pregnancy loss"

**17:50 - 18:10** Dr. Sadoon Sadoon

Fibroids and impact on female fertility- latest updates

**Q&A CLOSURE OF THE CONFERENCE**



# WORKSHOP PROGRAM

# WORKSHOP 1

## SURGICAL TREATMENT OF ENDOMETRIOSIS/ FIBROIDS

(PROF. POPOV AND GROUP)



09:00 - 13:00

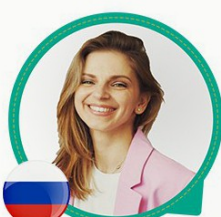
MODERATOR



Dr. Ghasan Loffi



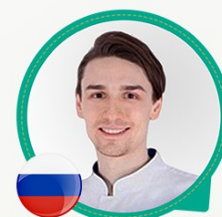
Prof. Popov Alexander



Dr. Yulia Sopova



Dr. Anton Fedorov



Dr. Alexey Koval

90  
MIN

### Prof. Alexandr Popov M.D., Ph.D.

- Tutorial video Laparoscopy\ Robotic.
- Bowel endometriosis case.
- Bowel resection by NOSE technique

90 min presentations with surgical video.

40  
MIN

### Yulia Sopova Ph.D.

Sonography of DIE

40  
MIN

### Prof. Alexandr Popov M.D., Ph.D.

Colo-rectal endometriosis

40  
MIN

### Anton Fedorov M.D., Ph.D.

Uro-genital endometriosis

30  
MIN

### Alexey Koval Ph.D.

Adenomyosis

# WORKSHOP 2

## MEDICAL MANAGEMENT OF ENDOMETRIOSIS

### WHAT AND WHEN?



09:00 - 12:00

### MODERATORS

Dr. Wael Sammur



Dr. Natalia Artymuk



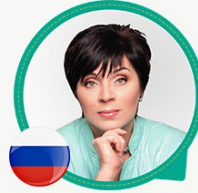
Prof. Moamar Al Jefout



Prof. Engin Oral



Dr. Wael Sammur



Dr. Natalia Artymuk



Prof. Hesham Arab

#### Topic 1

Prof. Moamar Al Jefout

"Maximizing pain management in patients with endometriosis."

#### Topic 2

Dr. Engin Oral

"Is Progestin a first line treatment for endometriosis?"

#### Topic 3

Dr. Wael Sammur

Adverse effects and health concern associated with medical management of endometriosis"

#### Topic 4

Dr. Natalia Artymuk

Is postoperative medical treatment of endometriosis associated infertility acceptable.

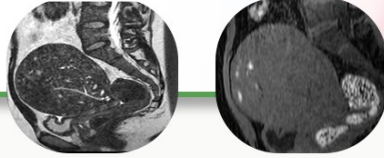
#### Topic 5

Dr. Hesham Arab

Can GnRH analogues be a first-line treatment for endometriosis

# WORKSHOP 3

## IMAGING IN DIAGNOSIS OF ENDOMETRIOSIS/ ADENOMYOSIS



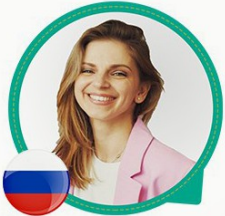
12:30 - 15:30

MODERATORS

Dr. Amal Badi



Dr. Yulia Sopova



Dr. Yulia Sopova



Dr. Silvia Vannuccini



Dr. Samar Maadawy



Dr. Amal Badi



Dr. Omar Kirmani

### Dr. Yulia Sopova

Ultrasound diagnosis of atypical bowel endometriosis

### Dr. Silvia Vannuccini

Ultrasound criteria in diagnosing Adenomyosis

### Dr. Samar Maadawy

Novel imaging techniques in diagnosing DE

### Dr. Amal Badi

Pelvic ultrasound in daily clinical practice for diagnosing Endometriosis

### Dr. Omar Kimrani

How to read MRI images in cases of endometriosis

# WORKSHOP 4

## HOW TO MANAGE INFERTILITY PATIENTS WITH ENDOMETRIOSIS/ ADENOMYOSIS



15:30 - 18:30

### MODERATORS

Dr. Ahmed Elbohoty



Prof. Gamal Serour



Dr. Dimitrios Kafetzis



Dr. Antoine Abou Moussa



Dr. Bohaira El Geyoushi



Prof. Gamal Serour



Dr. Ahmed Elbohoty

#### Topic 1

**Dr. Dimitrios Kafetzis**

"Endometrioma management for the infertile couple- Embryo banking or laparoscopy first?"

#### Topic 2

**Dr. Antoine Abo Mousa**

IVF outcome in patients with endometriosis

#### Topic 3

**Dr. Bohaira Geyoushi**

"Case presentations on management of endometriosis/ adenomyosis and infertility"

#### Topic 4

**Dr. Gamal Serour**

Endometriosis and infertility-personalized choice of line of treatment

#### Topic 5

**Dr. Ahmed Elbohoty**

Fertility preservation for women with endometriosis





**FOR MORE INFORMATION**

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